



OCTOBER 2026 NEWS FROM THE FRIENDS

A message from the President – Marilyn Dearborn

Happy Fall Everyone...what a great time to get out and enjoy the crisp days and wonderful colors that abound in New England in the Fall. Pumpkins are everywhere and Trick or Treaters will soon be ringing our doorbells soon to fill their goody bags!

Were you planning to join us on October 4th for another wonderful Taste of Crosby Mansion? Good friends - good food - good time! Hope you're signed up - no tickets are sold at the door!

Remember - Fall also brings the flu season - be sure to arrange to get your shot and, if needed, a COVID booster. Don't let anything get in the way of spending time with friends and family!

Whether we are ready or not, the holiday season is approaching fast. This is evident by the fact that we have already scheduled two 2 holiday events. We will be offering tickets to the Cape Cod Symphony for their Holiday program - a great afternoon of wonderful music. We are also finally heading back to Old Yarmouth Inn for our Christmas luncheon on Dec. 15th - join us for a wonderful lunch!

Be sure to check out all the details for signing up for these events in this newsletter.

2026 ANNUAL MEETING WITH PRESENTATION BY MOLLY PERDUE, ALZHEIMER'S FAMILY SUPPORT CENTER WEDNESDAY, OCTOBER 14, 2026 @ 1pm SECOND FLOOR, BREWSTER COUNCIL OF AGING BUILDING

The Annual Meeting will provide a recap of the 2026 highlights and a solicitation of ideas for events, trips, etc. in 2027. FOBS is your organization – we are only the work force.

Refreshments will be served prior to our guest speaker.

Diverging from the norm, the Friends' 2026 Annual Meeting will include a guest speaker, Molly Perdue. Molly is the Executive Director of the AFSC, the goal of which is to help families navigate the complexities and challenges they face across the span of dementia and Alzheimer's, while providing a research-based family and community-centered social model at no cost. So many of our friends and family members are being impacted that the Friends felt we all need to learn more about these diseases and their impact on both the affected and the caregiver.

Want to see more pictures from the recent Lobster Rolling (oops, I mean Roll) Cruise? It was an interesting day...

You'll find a few snaps from before we headed out to the Bay on pages 3 & 4 and even more online on our web page.





Sea Captains' Thrift Shop

66 Harwich Rd. ~ 508.896.8180

Donna P. Bowie, Manager

Important Information
Open: Mon-Sat 10AM-4PM
Donations Accepted
11AM-2PM
Cash or Local Check only

**“Keep calm and welcome
October.” ... Anonymous**

Although Sea Captains' has established itself as a “Thrift Boutique”, offering brand name clothing and accessories for all seasons, our shop is so much more. Quality home goods (many new) are available at irresistible prices. Framed artwork, small furniture items, kitchenware, crystal, china and decorative pieces are plentiful. With the holidays fast approaching, now is the time to visit and select lovely items to enhance your Thanksgiving and Christmas gatherings.

Sea Captains' has readied an enormous variety of fall/early winter clothing and accessories. Visit soon for the best selection. Goods are added daily. We still offer a large selection of golf/polo shirts. Come in and refresh your wardrobe for the Florida or Carolina links.

WISH LIST: costume jewelry, current fiction & nonfiction (biogs & autobiogs) & puzzles!

DONATIONS: If you're thinking of donating, no sets of china, mismatched glassware or scratched/rusted/stained kitchen items accepted. Donations accepted Mon - Sat 11-2, rear door...all must be CLEAN, CURRENT, COMPLETE.

ANNEX: “an eclectic assemblage of stuff” ... home, life, style. Don't miss a chance to score a treasure.

SALE: slacks 50% OFF, October 5-17

Holiday Concert tickets are now available! Every year we're able to subsidize limited tickets to the *Cape Symphony's Holiday on the Cape* event. Our tickets are for Sunday, December 6th at 1 PM. Please complete the form below and either drop it and your check (payable to FOBS) at Sea Captains' Thrift Shop (SCTS), or mail to FOBS, PO Box 2310, Brewster MA 02631. Or even quicker, sign up and pay for your tickets online at <https://www.FriendsOfBrewsterSeniors.org>. Remember, for subsidized tickets, it's always first come-first served!

----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT----

Name(s): _____

Mailing Address: _____

Email: _____ Day of Event Phone: _____ (required)

_____ # tickets @ \$45/each (member) = \$ _____ # tickets @ \$55 (non-member) = \$ _____

Additional Donation = \$ _____ Total Enclosed for Symphony Holiday tickets \$ _____

All registrations must include payment and are on a first come, first served basis! Cutoff date is Monday, November 23rd. Pick up tickets at Sea Captains' Thrift Shop on 11/30, 12/1 or 12/2.

See how much fun we had on the **Lobster Roll Cruise**? Everyone is smiling and even though it was a little rough, we made the best of it and still enjoyed a delicious lunch, including cupcakes for dessert – even if some of us did take our food home!



2

0

2

6



Holiday Christmas Luncheon Scheduled for Tuesday, December 15th

Hope you'll join us this year for a delicious lunch at our old favorite, the **Old Yarmouth Inn**! We'll begin seating at 11:30 AM, with a plated lunch served at noon. We've planned cheese & crackers to start. You'll enjoy a Caesar salad before your chosen entrée. Apple crisp is on the menu to top off your meal. All lunches are served with freshly baked ciabatta with sweet cream butter, coffee or tea. There is a Cash Bar for those who enjoy something alcoholic with their meal and we'll have a raffle, too.

Please complete the form below (PRINT clearly) and either drop it and your check (payable to FOBS) at Sea Captains' Thrift Shop, or mail to FOBS, PO Box 2310, Brewster MA 02631. Or even quicker, sign up and pay for your tickets online. Remember, it's always first come-first served and there's only seating for 50! Cutoff date is November 28, 2026.

Name: _____ (member or non-member?)

Name: _____ (member or non-member?)

Email: _____ Day of Event Phone: _____ (required)

Member price: \$ 35.00 per ticket

Non-Member price: \$ 50.00 per ticket

Honey Dijon Marinated Steak Tips, mashed potatoes, veggies #____ member #____ non-member

Seafood Trio, lemon beurre blanc sauce, herbed rice, veggies #____ member #____ non-member

Chicken Picatta, pasta w/ scallions, capers, lemon beurre sauce #____ member #____ non-member

Extra Donation: \$_____ Total Amount Enclosed for Holiday Luncheon: \$_____

Membership Update: Have you renewed your membership yet? We've got some really great activities coming up and we may need to give **members first priority** for some of the more popular events. It is only \$15 per calendar year. What a deal! Thank you to everyone who has committed their annual \$15 to the support of activities for other Brewster seniors.

Know someone who should be a member? Ask them to contact Kathy MacDonald (khelenmack@comcast.net) or any board member listed below for more information about the opportunities and benefits.

Some Upcoming Events

- ✚ 5th Taste of Crosby Mansion (10/4)
- ✚ Annual Meeting (10/14)
- ✚ Holiday Concert (12/6)
- ✚ Holiday Luncheon (12/15)
- ✚ Happy New Year (2027!)

Current 2026 Board of Directors

Donna Bowie, Thrift Shop ♦ Amanda Campbell ♦ Suzanne Dean ♦ Marilyn Dearborn, President
Ronnie Dickens ♦ Elizabeth "Sam" Gardiner, Secretary ♦ Alice Halla
Kathy Macdonald, Membership ♦ Maddyson McKay ♦ Jeanne Morcone, Events
Meg Morris, Treasurer/Newsletter ♦ Lauren Polzer

Open monthly meetings are held the 2nd Wednesday at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.
Contact Marilyn Dearborn, President (508-385-2881) for more info.

www.FriendsOfBrewsterSeniors.org ♦ email brewsterfriends@gmail.com ♦ visit our Facebook pages
Need to get in touch with the Council on Aging? Simply call 508-896-2737

The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote and enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all...

Everyone and Anyone Anywhere Can & Should be a Friend to Brewster Seniors!



More pictures from our Lobster Roll Cruise



Need to get in touch with us?

Mail: Friends of Brewster Seniors, P.O. Box 2310, Brewster, MA 02631

Email: brewsterfriends@gmail.com or fobenewsletter@gmail.com

Website: <https://FriendsOfBrewsterSeniors.org>

The Presidential Phone: 508-385-2881

Visit: Stop in Sea Captains' Thrift and meet some of our members

Council on Aging: 508-896-2737