



# MONTHLY NEWS FROM THE FRIENDS

March 2025

## *President's Corner*

~ Marilyn Dearborn

Happy St. Patrick's Day! You don't have to have Irish heritage to celebrate St. Patrick's Day – on March 17th everyone is Irish!! I hope you have signed up to “don your green” and join the Friends for a unique way to celebrate. On Sunday, March 16th, hop aboard the Cape Cod Railway for a “rolling St. Patrick's party” with good food, good friends and some good Irish music!!

Whatever March brings us in the way of weather, try to get out and breathe in the fresh air, listen to the birds, and watch for the early crocus. Spring is coming no matter what the groundhog said.

We are diligently working on trips and events for the upcoming months. Information for all events can be found in the newsletter – but you can also get information and find resources on our website at [www.FriendsOfBrewsterSeniors.org](http://www.FriendsOfBrewsterSeniors.org). Signing up for membership and events is easy on our new site. But remember, there is always a deadline to register and pay for the event, so don't miss out – sign up right away! We would love to have you join us!

***“Top of the Morning to Everyone!”***

## ***Test Your Knowledge of Leprechauns...***

1. Why did the leprechaun turn down a bowl of soup?
2. Where do leprechauns hang out?
3. Why are leprechauns so fast?
4. Why do leprechauns hate running?
5. What conversation can you expect from a leprechaun?
6. What position do leprechauns play in baseball?
7. Why are leprechauns hard to get along with?
8. When does a leprechaun cross the road?
9. Why do leprechauns love to garden?
10. What do you call a leprechaun's vacation home?



## **With all the Talk about Audits...**

Do you ever fish around in your wallet for the best credit card to use? Maybe you like one that gives you airline miles or sends you a check at the end of the year. It's good to perform an audit of your wallet so you'll know what cards you're carrying and to limit how many are in your wallet in case of loss or theft.

Good advice provided by the AARP includes making sure you leave your Social Security and Medicare cards home unless you absolutely need them. Other cards in your wallet should be photocopied (front & back) & those copies put somewhere very safe in your home (and tell a trusted relative/friend where you've hidden the info ☺). That way, if your wallet is lost or stolen, you'll have immediate access to the information you need to report your loss to the credit card company or the police. ***Don't put your wallet audit off! Do it today!***

**Have You Ever Tried This?** You've found an old book at a book sale, one that you really wanted for your collection, but it has a very musty smell to it. Or, you've got a storage container that has a lid that fits (yes!), but it still smells like the fish you stored in it. In either case, put the book or the container in the freezer overnight and in the morning, the odor will be gone. So they say....

## There is so much to see and do at the New Bedford Whaling Museum!

There are so many permanent exhibits at the [New Bedford Whaling Museum](#), you're bound to find a room with something of interest to you! *Whales Today. The Old Dartmouth Historical Society. Harboring Hope. 18th Century Kitchen. Captain Paul Cuffy. Energy & Enterprise. East Meets West. Scrimshaw. Cultures of Whaling. A Voyage Around the World - The Lagoda. A Voyage Around the World - The Balcony!* Whew!



"The New Bedford Whaling Museum was originally opened in 1903 to house and display artifacts relevant to the whaling industry. Governed by the Old Dartmouth Historical Society, the museum collection contains more than 750,000 items, including 3,000 pieces of scrimshaw and 2,500 logbooks, both of which are the largest collections in the world" according to information on their [site](#) and the National Park Service site.

We'll travel off-Cape to the museum by coach on **Tuesday, April 29, 2025**, departing from the **Brewster Baptist Church at 8:30 AM**. Parking in the back lot nearest to the Library, is free. We'll return from our enjoyable trip between 2:30 to 3 PM.

The trip includes museum admission, a guided tour plus additional time to visit the rest of the museum, and the gift shop, too. You'll also have time to explore the surrounding scenic New Bedford. Lunch is on your own, and we'll have a list of nearby restaurants that we'll share on the bus. Avoid the traffic and join us for an interesting day!

-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_ Day of event Phone: \_\_\_\_\_

\_\_\_\_\_ # tickets @ \$75/each (member) = \$ \_\_\_\_\_ # tickets @ \$90 (non-member) = \$ \_\_\_\_\_

Additional Donation = \$ \_\_\_\_\_ Total Enclosed for New Bedford Whaling \$ \_\_\_\_\_

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. You may also register online at [www.friendsofbrewsterseniors.org](http://www.friendsofbrewsterseniors.org). **All registrations must include payment and are on a first come, first served basis! Cutoff date is April 23, 2025**

### Some St. Patrick's Day Facts, Fun, and Folklore

**Blue** was the color originally associated with St. Patrick, but nowadays, it's green, green, green. March 17th is also the traditional day for **planting peas**. March 17th is also a good time to plant **cabbage seeds**. Old-time farmers believe that to make them grow well, you need to plant the seeds while wearing your nightclothes. You may not want to try that in our more urbanized setting of Brewster though! **Source: Old Farmers Almanac**

**The Drowning of the Shamrock:** 'Póta Phádraig' (or 'St. Patrick's Pot' in English) was a drink that people used to knock back in Ireland as a way of honoring St. Patrick. People would take the shamrock that was worn on their lapel and place it into their drink before giving an Irish toast. The drink would be sipped -- maybe Jamison's -- and then, at the end, the soggy shamrock would be thrown over their shoulder for good luck! Sounds interesting. I wonder if the Cape Cod Railway folks would mind if we tossed soggy shamrocks over our shoulders. Slainte! **Source: 13 St. Patrick's Day Traditions Popular in Ireland**



# SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

*Donna Bowie, Manager*

If in doubt about donating, please call first.

Effective March 3, 2025

HOURS: MON - SAT, 10 - 4

**Donations Accepted Daily: 11 - 2pm**

**We Don't Accept Credit Cards...Sorry!**

**WE'RE BACK!!! Sea Captains' Thrift opens on March 3rd**, newly refreshed and ready to offer a new look and the same quality merchandise and attentive service. New carpeting and bright, colorfully painted rooms await our loyal customers and new thrift explorers also. Having closed for almost 2 months for renovations, Sea Captains' still has plenty of heavy duty, winter clothing that will be on clearance beginning March 3rd at 50% off. All must go!

Come in and scoop up winter items at these low, low prices. We still have lots of chilly weeks ahead and the savvy among us will think ahead for next winter. Check out the new and improved Sea Captains' and leave with a bargain AND a freshly baked cookie on opening day, MONDAY, MARCH 3.

Lights, brights and early spring goods will arrive in April. We'll be ready for the golfers and those who are anxious to put winter behind them. Mark your calendar.

DONATIONS will resume as soon as Sea Captains' reopens. We'll be accepting gently used men's and women's spring and summer clothing (CURRENT, CLEAN & COMPLETE), Monday - Saturday, 11-2 at the rear, ramp door only. Call us at 508-896-8180 if you have questions about which household and furniture items that we can accept.

Would you like to support the Friends of Brewster Seniors; contribute to your community; make new friends by volunteering? Join us at Sea Captains' Thrift and give just 3 hours a week, as a full time or substitute volunteer. Informational packets are available at the shop at 66 Harwich Rd. (Rte.124).

The Sea Captains' staff is looking forward to welcoming you back.

## ***Need to Get Away and Have some Fun? Last Call for Train Tickets!***

Join us as we enjoy a fantastic **chef inspired meal on the Cape Cod Railway on Sunday March 16th**. You'll need to get your **reservation in by March 6th though!** Lunch and train ticket for members is **\$45/member and \$60/non member**. Lunch choices are Irish Benedict, Traditional Shepherd's Pie, Corned Beef & Cabbage, Irish Cod Fishcakes, or Baileys Irish Cream French Toast and the ticket includes appetizer, sides, coffee and dessert, tax and tip! See more details online at [www.FriendsOfBrewsterSeniors.org](http://www.FriendsOfBrewsterSeniors.org) (click on February newsletter for the registration form if you don't want to sign up online...**but hurry!!**)

### ***Leprechaun Laughter... How many did you answer correctly?***

1. He already had a pot of gold.
2. On the paddy-o.
3. They do everything in a pinch.
4. They'd rather jig than jog.
5. One with a lot of small talk.
6. *Shortstop.*
7. They're short-tempered.
8. When the light is green.
9. They have green thumbs.
10. A lepre-condo.

**"I'M A GREAT  
BELIEVER IN LUCK,  
AND I FIND THE  
HARDER I WORK, THE  
MORE LUCK I HAVE."**

**- THOMAS JEFFERSON**



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### **How much do older adults spend eating out?**

If you're budgeting, did you know that on average, people aged between 55-64 years old spend around \$3,811 eating out per year? Those aged 65 and older spend around \$2,509, according to a report by the U.S. Bureau of Labor Statistics.

**How do you compare?**

**Source:**

[Skip These Dishes if You Are Dining Out at a Restaurant](#)

## Hope You're Enjoying Being a Friend!

Do you know someone who would make a good Friend? Share your newsletter with them and let them know about the great events and trips we have planned for 2025. Or maybe convince them to go on one of the trips or to an event! The modest \$15 annual commitment plus every donation enables us to help many other seniors in multiple ways. You can register online or contact Kathy Macdonald at [khelenmack@comcast.net](mailto:khelenmack@comcast.net) and she'll send a form for your Friend!

## Upcoming Events

**March 4 - Mardi Gras at COA**  
**March 16 - St. Paddy's Day Lunch**  
**April 29 - New Bedford Whaling**  
**May 2 - Annual Ice Cream Social**  
**May 18 - Billy Joel Concert**



### Help us take this sign down!

We can't unless you're willing to donate a little time to the Friends.  
Please contact Marilyn Dearborn (508-385-2881) for more info.

### Current 2025 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens  
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester ♦  
Kathy Macdonald, Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Treasurer/Newsletter

Open monthly meetings are held the 2nd Wednesday at 9:30 AM,  
Brewster Bible Alliance Church, Rte. 6A. (except no meeting this March 2025).

[www.friendsofbrewsterseniors.org](http://www.friendsofbrewsterseniors.org) ♦ email [brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ♦ visit our Facebook pages

**Need to get in touch with the Council on Aging? Simply call 508-896-2737**

*The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote and enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all...*

***Everyone and Anyone Can & Should be a Friend to Brewster Seniors!***



*Happy Springtime!*  
Friends of Brewster Seniors  
Post Office Box 2310  
Brewster, MA 02631