

Friends  
of  
Brewster  
Seniors

# MONTHLY NEWS FROM THE FRIENDS

SEPTEMBER 2023

## President's Corner

~ Marilyn Dearborn

The "dog days" of summer are behind us and we look forward to the wonderful Indian summer weather ahead. Tourists, for the most part, are headed back home allowing us to make a left hand turn now! Beaches are still a great place to unwind...enjoy! But don't forget to get your tickets for our "Taste of Crosby Mansion" on September 24th. A great afternoon of good food and beverage along with the chance to catch up with old friends while making some new ones. It is sure to be another sold out event as ticket sales are limited!!!

Art lovers – keep October 12th open for the Friends trip to the Museum of Fine Arts in Boston – a chance to see wonderful art works without worrying about city traffic. The bus will drop us off and pick us up right at the entrance to the Museum (see page 2).

And it isn't too soon to think about the holiday season. "The Friends" are already making plans. We are anticipating a wonderful holiday luncheon and our annual trip to Hyannis to hear the CC Symphony's seasonal Holiday show. Keep an eye out for details and sign-up forms in an upcoming newsletter.

We look forward to seeing you at Crosby Mansion!!!



## Join Us at our Annual Social Event ~ "A Taste of Crosby Mansion"

*We hope that you'll join the Friends at Brewster's most famous historic mansion on Sunday, September 24th, 3-5 p.m., at 163 Crosby Lane. Come and enjoy appetizers and drinks as we wind down from summer. Don't wait as capacity is limited and was a sell-out last year! Sign up below because no tickets will be sold at the door. We'll have an even bigger selection of Silent Auction items and Door Prizes too! Ticket price includes a beverage (beer, wine, soda) and lots of great appetizers and interesting conversations! Cash bar (\$5) also available for additional beer and wine.*

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Email OR phone: \_\_\_\_\_

# \_\_\_\_\_ @ \$ 15.00/ea. = \$ \_\_\_\_\_ Extra Donation = \$ \_\_\_\_\_ Total enclosed: \$ \_\_\_\_\_

**Crosby Tickets must be reserved and paid for by September 16, 2023. No Ticket Sales at the Door**

Mail this form and your check to Friends of Brewster Seniors, P.O. Box 2310, Brewster, MA 02631  
or drop it off at Sea Captains' Thrift Shop, 66 Harwich Road, Brewster (open M-Sat, 10-4)

## Want to go to Boston's MFA October 12th with your Friends?

Come travel with us on a private coach at the beginning of foliage season as we head to the Museum of Fine Arts in Boston. According to Wikipedia, the **MFA** is the 20th largest art museum in the world. It contains 8,161 paintings and more than 450,000 works of art, making it one of the most comprehensive collections in the Americas. Wow!

Once we disembark from our morning coach ride, we'll be able to leisurely stroll through over 100 galleries, all included with admission. One hundred galleries! That means that there is a lot of walking, so you'll probably want to stop at some point and enjoy lunch with friends at any of the three on-site cafes. From *Tiny Treasures*, to *Dutch and Flemish Art*, to *Monet*, to *Art of The Italian Renaissance* to so many more exhibits, there is truly something for every art lover! Hope you'll join us!

Interested in going? Our trips are filling up more quickly, so sign up now as space is limited! We'll leave Brewster Baptist Church at 8 AM sharp on Thursday, October 12th and return in the late afternoon.



**-----CUT HERE-----MARK YOUR CALENDAR-----PRINT LEGIBLY-----**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Day of event phone number: \_\_\_\_\_

# \_\_\_\_\_ Friends tickets @ \$ 60.00/ea. = \$ \_\_\_\_\_ # \_\_\_\_\_ non-Friends tickets @ \$70.00/ea. = \$ \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_ **MFA Tickets must be reserved and paid for by October 6, 2023.**

Mail this form and your check to Friends of Brewster Seniors, P.O. Box 2310, Brewster, MA 02631 or drop it off at Sea Captains' Thrift Shop, 66 Harwich Road, Brewster (open M-Sat, 10-4)



### Whale Watch 2023

*"A big thank you to the Friends for a well-organized and wonderful Whale Watch. We enjoyed seeing over 24 of these majestic creatures! Can't wait for the next event!"*

*~ Mary and Jim Eddy*





# SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

*Donna Bowie, Manager*

If in doubt about purchasing or donating, please call first.  
NOW OPEN MON - SAT, 10 AM - 4 PM  
**Donation Days: DAILY** 11am - 2pm  
We Don't Accept Credit Cards...Sorry!

*"Happily we bask in this warm September sun, which illuminates all creatures."*

. . . Henry David Thoreau

Ready to say goodbye to the summer of '23, with its persistent heat and humidity, the day of the deluge and the threat of a tornado(!)? Sea Captains' is more than ready to welcome fall.

The shop was "flipped" on August 20 and is now offering rooms filled with fall fashions and accessories for both men and women. Turtlenecks, cords, sweaters, jackets, scarves, and shoes are available to refresh your fall wardrobes.

**SLACKS are 50% OFF during the first two weeks of September!**

Donations of fall/winter items are being accepted now. **NO SUMMER DONATIONS.** Current books (especially fiction) and puzzles are always in demand and your donations are welcomed any day.

Our volunteer staff could use a few additions, as we head into the fall. Do you have just 3 hours per week to give to Sea Captains' Thrift? You will collaborate with wonderful volunteers committed to our mission of helping Brewster seniors. We are dedicated to keeping seniors engaged in their community through volunteerism, a monthly newsletter, and events throughout the year.

Please consider supporting your community with your time and talent at Sea Captains'. Applications are available at the thrift shop or call (508-896-8081) and we'll mail an application to you. September is the perfect time to thank the entire volunteer staff, regular & substitute, for going above and beyond during these past summer months. Kudos to ALL!

## Want to Engage Yourself or Others? Try these 18 Best Discussion Topics for Seniors

While these are not exactly ice-breakers, these topics are something that you might bring up during a casual gathering...and they shouldn't create too much angst. Click on the links (if you're reading this electronically) or go to [www.Retirementaffairs.com](http://www.Retirementaffairs.com) to read [18 Best Discussion Topics for Seniors to Make Their Time Enjoyable and Memorable \(retirementaffairs.com\)](http://www.Retirementaffairs.com) on the web and read on. While some of the information seems intuitive, by the time you're done reading through each short topic, you'll have plenty of ideas for discussions with family and friends at the next gathering.

[Topic #01: Memories of Childhood](#)

[Topic #02: Changes Over the Years](#)

[Topic #03: Hobbies and Interests](#)

[Topic #04: The Good Times](#)

[Topic #05: The Hard Times](#)

[Topic #06: Lessons Learned in Life](#)

[Topic #07: The Future](#)

[Topic #08: Friendship](#)

[Topic #09: Marriage and Family Life](#)

[Topic #10: Health and Wellness Topics](#)

[Topic #11: Travels and Adventures](#)

[Topic #12: Career Highlights and Experiences](#)

[Topic #13: Favorite Foods and Restaurants](#)

[Topic #14: Pop Culture Icons and Trends](#)

[Topic #15: Books and Authors](#)

[Topic #16: Changes in Technology over the Years](#)

[Topic #17: The Future – What Does It Hold?](#)

[Topic #18: Life Journey](#)

## Supporters' News

Thanks to everyone who is supporting the Friends during 2023. We're excited to be able to offer so many trips and events AND that more and more Seniors are participating. It's evident that your \$10 donation can bring huge returns to you as well as to those who are in financial need. Please encourage your friends and neighbors to become a Friend today!

Contact [Kathy Macdonald](mailto:kathy_macdonald@comcast.net) [khelenmack@comcast.net](mailto:khelenmack@comcast.net)

Upcoming Events:

- ♥ **September 7** - Lobster Roll Cruise
- ♥ **September 24** - "A Taste of Crosby Mansion" Soiree
- ♥ **October 12** - Visit Boston Museum of Fine Arts
- ♥ **November TBD**
- ♥ **December DTBD** - Cape Symphony Holiday Concert
- ♥ **2024 - ??**

If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

### 2023 Friends Board Members

Donna Bowie, Thrift Shop ❖ Suzanne Dean ❖ Marilyn Dearborn, President ❖ Ronnie Dickens  
Elizabeth "Sam" Gardiner, Secretary ❖ Jane Hester, Treasurer ❖ Jim King, Website ❖ Kathy Macdonald, Membership  
Jeanne Morcone ❖ Meg Morris, Newsletter ❖ Joyce O'Neil ❖ Linda Wood

Open monthly meetings are held on the second Wednesday monthly at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.

**[www.friendsofbrewsterelders.org](http://www.friendsofbrewsterelders.org) ❖ email [brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ❖ visit our Facebook pages**

**COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month**

*The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all, **Everyone can be a Friend to Brewster Seniors!***

Friends of Brewster Seniors  
Post Office Box 2310  
Brewster, MA 02631  
*Hope You'll Join Us on a Trip!*