

**Friends
of
Brewster
Seniors**

MONTHLY NEWS FROM THE FRIENDS

NOVEMBER 2023

President's Corner

~ Marilyn Dearborn

Thanksgiving is a wonderful opportunity to reflect on our blessings and say "thanks" for family and friends, good health, and the opportunity to celebrate the season with those we love. Reach out to friends and neighbors who may not have family nearby – invite them in for coffee, take them out for dinner, offer to drive them somewhere or just send them a card to let them know they are in your thoughts. These small gestures can make a "huge" difference in their lives.



In November we also recognize and honor those who have served our country. Through the sacrifices of our **Veterans** and their families, we continue to enjoy our many freedoms. If you have a Veteran in your family or know someone who is a Vet, take a moment to thank them on behalf of our community and our country.

The Board of the "Friends" would like to thank everyone who continues to support our endeavors. A special thank you to those who attended our recent Taste of Crosby Mansion – mixed in with old friends, we got to meet and make many new friends. We are continually working to offer different events and trips for our members to enjoy. **Happy Thanksgiving** – we look forward to seeing many of you at our upcoming holiday events.



**Daylight Savings
Time ends Sunday,
November 5th.**

**Turn your clocks
BACK an hour and
check your fire and
smoke detector
batteries, too!**

MFA Trip a Great Success!

Not only did we tour the MFA, but we enjoyed seeing the sights taking the scenic route through Boston. Fun trip for everyone!



Many, many thanks to everyone who attended our *Taste of Crosby Mansion* event in September. Special thanks go to our local businesses who supported us with items and gift certificates for the Silent Auction. We were able to raise over \$1400 thanks to the generosity of the businesses and the bidders!

Please support them by dining at their establishments or purchasing items or services from them. Want to learn more about these great folks? If you're reading online, there are hyperlinks attached to each of the named businesses.

[Sydenstricker Gallery](#)
[Ocean Edge](#)
[The Village Toy Shop](#)
[Dickersons Art Gallery](#)
[Stringe Gallery Art](#)
[Rail Trail Bike & Kayak](#)
[Breakwater Fish & Lobster](#)
[Harbor Lights Mini Golf](#)
[Feretti's Market](#)
[Chatham Bars Inn Farmstand](#)
[Kitchen Café](#)
[Stone L'Oven](#)



[Island Blue Crab](#)
[Vintage Traders](#)
[Cape Sea Grill](#)
[JT's Seafood](#)
[Crocker Nurseries](#)
[Olivers & Planck's](#)
[Spinnaker](#)
[Regal Hair Design](#)
[Karen North Wells](#)
[Heart Pottery](#)
[Cape Cod Bag](#)
[The 400 East Restaurant & Bar](#)

We hope that you'll join the Friends for a Holiday Luncheon

at Oliver & Planck's Tavern on Route 6A in Yarmouthport on Wednesday, December 13th from noon til 3 PM. Please indicate your lunch choice when completing this reservation form. All meals will be served with fresh baked rolls, garden salad, & vegetable and potato du jour. Oh, did we mention dessert & coffee or tea, too? Menu selections are:



- * Roast Prime Rib of Beef, au jus (12 oz.); or
- * Baked Local Haddock topped with Newburg sauce; or
- * Roast Chicken with cranberry & sage stuffing and cranberry glaze.

Tickets are \$50/member and \$60/non member. They will be sold at the COA on Tuesday, November 21st between 9:30 - 11 AM only or you can pick up a registration at Sea Captains' Thrift Shop

-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: _____

Name: _____

Mailing Address: _____

Email: _____ Day of event Phone: _____

tickets @ \$50 each (member) # Prime Rib _____ # Haddock _____ #Chicken _____ SubTotal \$ _____

tickets @ \$60 each (non-member) # Prime Rib _____ # Haddock _____ #Chicken _____ SubTotal \$ _____

Total Enclosed \$ _____

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by December 5th.**



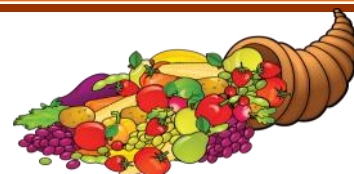
Fall Town Meeting takes place on Monday, November 13th and your voice is needed as we vote on Brewster's Local Comprehensive Plan as revised and submitted by the Brewster Vision Planning Committee.

As a Brewster resident, you have the opportunity to consider and vote on Brewster's Local Comprehensive Plan (LCP) at Town Meeting. The plan was developed by Brewster citizens as a guide to prepare for the future by balancing priorities and advancing issues that we care about as a community. **The Plan is not law or regulation.** Rather it **provides recommendations and guidance** for decision-making by elected officials and Town management.

These recommendations are included in the LCP Action Plan — the heart of the LCP — which defines the range of issues Brewster citizens have already deemed important to discuss and tackle in the coming decade and beyond. *(Please note that following the 2022 Fall Town Meeting and 2023 Special Town Meeting, all references to pursuing a proposed boardwalk to Wing Island have been removed from the Plan.)* Any future actions that involve bylaw changes or appropriation will go to Town Meeting for **your** vote. The LCP, FAQs, and other documents can be found here on the [Town](http://www.brewster-ma.gov/local-comprehensive-plan) website: www.brewster-ma.gov/local-comprehensive-plan. Please send any questions to brewplan@brewster-ma.gov

The Friends strongly encourage our members to attend Town Meeting and make your opinions known.

November is a great month to take a "gratitude break." What's that? Studies have proven that giving thanks can increase your energy, decrease your stress and enhance your mental focus! That's a three-fer, so when you start to feel stressed during the holidays, express some gratitude for where you are, what you have and who is in your life.





SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

Donna Bowie, Manager

If in doubt about purchasing or donating, please call first.
NOW OPEN MON - SAT, 10 AM - 4 PM
Donation Days: DAILY 11am - 2pm
We Don't Accept Credit Cards...Sorry!

"Cultivate the habit of being grateful for every good thing that comes to you, and give thanks continuously." ~Ralph Waldo Emerson

Heard about the predictions? If the Farmer's Almanac and most weather sources are to be believed, we're in for quite a turbulent winter. Are you prepared with warm, winter clothing and accessories? Sea Captains' Thrift has what you need to weather --pardon the pun-- the months ahead. Come in and explore the many options at prices too good to be true. The early bird gets the best choices!

Once again our annual Christmas/Holiday Boutique, the much anticipated Sea Captains' event, will be staged in the ANNEX and Table Top Room. On Monday, November 20th, our ANNEX will be transformed into a Christmas/holiday wonderland with additional home decor items located throughout the main shop.

Are you hosting or are you the guest? Special serving pieces, table linens and decor are available to make the holidays festive. Also, greeting cards (secular & religious-12/\$1.00) will be on sale, as well as ribbon, premade bows, ornaments and candles. The "GIFTABLES" section will be overflowing with new, never used, gift items ready to wrap, tag and give. Check it out.

"Button Bonanza" ... A large donation of buttons, bagged or bottled for sewers or crafters. This incredible offering is ready now and great for troop leaders, teachers, crafters and creative parents & children (snow days=Elmer's glue, construction paper, buttons, voila!).

May the blessings of family, friends and delicious food fill your Thanksgiving Day.

Note: Sea Captains' will close for Thanksgiving at 4 PM, Tues., Nov. 21 and reopen Fri., Nov. 24 at 10 AM.

**PLOW PERSON NEEDED FOR SEA CAPTAINS' THRIFT SHOP
66 HARWICH ROAD (RTE 124). PLEASE CALL DONNA BOWIE AT 508-896-8180**

Still Time to Sign up for "Holiday on the Cape" Tickets



The Friends are offering a trip to the Cape Symphony Orchestra's *Holiday on the Cape* show **Sunday, December 3rd at 1 PM.** Like last year, we'll leave the Council on Aging parking lot at 11:30 AM as we've secured transportation. Tickets & transportation are on a first come-first served basis. Tickets will be distributed on the bus. Please complete the form below (please PRINT clearly) and either drop it and your check (payable to FOBS) off at Sea Captains' Thrift Shop, or mail to FOBS, PO Box 2310, Brewster MA 02631. Remember, for these subsidized tickets, it's always first come-first served!

-----cut here and save top portion for your calendar-----

Name: _____

Name: _____

Email: _____

Day of event Cell Phone: _____

Number of tickets _____ @ \$35 each (member) Number of tickets _____ @ \$45 each (non-member)

Total Enclosed: \$ _____ **Symphony Tickets must be reserved and paid for by November 14.**

yes, I need a ride
 no, I'll get there on my own.

Know Someone Who Should be a Friend?

Why not register your friend to become a Friend for the 2024 calendar year. It's just \$10 per person per calendar year. You and they can then join us at our events and on our trips and save lots of money at the same time. Attending even one event saves the \$10 donation! And even if you don't participate, your \$10, added to others' will provide help to someone with financial challenges.

Contact [Kathy Macdonald](mailto:khelenmack@comcast.net) at khelenmack@comcast.net or just stop by Sea Captains' Thrift for an Application

Upcoming
Events:



- ♥ **November - Thanksgiving** 😊
- ♥ **December 3 - Cape Symphony Holiday Concert**
- ♥ **December 13 - Holiday Luncheon**
Registration in November newsletter
- ♥ **January 1, 2024 - HAPPY NEW YEAR!!!**

If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

2023 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester, Treasurer ♦ Jim King, Website ♦ Kathy Macdonald,
Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Newsletter ♦ Joyce O'Neil ♦ Linda Wood

Open monthly meetings are held on the second Wednesday at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.

www.friendsofbrewsterelders.org ♦ [email brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ♦ **visit our Facebook pages**

COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month

The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The

Friends welcome you to become involved with our many activities and events. After all...

Everyone and Anyone can & should be a Friend to Brewster Seniors!

Friends of Brewster Seniors
Post Office Box 2310
Brewster, MA 02631