

## President's Corner

~ Marilyn Dearborn

Looks like spring is "bustin' out all over" Brewster – trees are beginning to bloom, daffodils have come and gone, other flowers are now blossoming in their place, and the birds are singing their early morning songs. Hope you can get outside & enjoy the best that nature offers!



May is the month we draw attention to mothers, mothers-in-law, grandmothers, and great grandmothers. Mother's Day is May 14th. We hope all our mothers have a chance to celebrate with family and friends – you deserve a day where you are "the star."

May is also the time to remember those who gave their lives to serve our country. On this Memorial Day, take a moment to reflect on the sacrifices not only they made but their families also. We are forever grate-



ful for their service.

The Friends of Brewster Seniors might be our "new" name, but we are continuing the work of bringing trips, events and programs to our seniors. We hope you will be able to participate in some (or all!) of the many upcoming events (see page 4). It's a great way to find new friends, experience new places, and simply enjoy the day. Be sure to carefully read this newsletter to ensure you have all the information for signing up and joining us.

As I state almost every month, the need continues for "new faces" to serve on our Board and to volunteer at the Sea Captains' Thrift Shop. Your time, ideas and opinions can be extremely helpful as we move forward and continue to plan trips and events, and perhaps even take a stand on some town issues (see page 2). There are many ways you can get involved, so please give me a call at 508-385-2881 or drop me a note at [brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com). We would love to have you join us!!!



If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

### 2023 FOBE Board Members

Donna Bowie, Thrift Shop ❖ Suzanne Dean ❖ Marilyn Dearborn, President  
Ronnie Dickens ❖ Elizabeth "Sam" Gardiner, Secretary  
Jane Hester, Treasurer ❖ Jim King, Website ❖ Kathy Macdonald, Membership  
Jeanne Morcone ❖ Meg Morris, Newsletter ❖ Joyce O'Neil ❖ Linda Wood

Open monthly meetings are held on the second Wednesday monthly at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.

[www.friendsofbrewsterelders.org](http://www.friendsofbrewsterelders.org) ❖ email [brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ❖ visit our Facebook pages



## It's Now Called Social Engineering

Sounds better, but...it's still SPAM, whether online or on the phone, and we're all at risk. We seniors are a BIG TARGET! Did you ever get a call from a familiar Brewster number, answer it and found it was someone supposedly wanting to "help you" with Medicare? Have you received an email purportedly from your child, sister or nephew asking for help as their wallet was stolen and they need money to get home? While these are the more common examples, there are many more that can trick you into responding. None of us like to believe that our thinking is diminished, but sometimes, we're not as quick as we need to be (too much going on; a death in the family; getting ready for vacation, etc.).

What are some red flags of Social Engineering? Specific to emails and texts, pay close attention to who the message is from. If you don't recognize it, just delete it. If you're on the CC line, and you don't know the sender, just delete it. If there are hyperlinks or mis-spellings, or it's being sent in the middle of the night, or there's no subject matter listed, or it has attachments that you wouldn't normally expect, or you're being asked to "just click here" for more info on something it says you ordered or that grand prize...JUST DELETE IT.

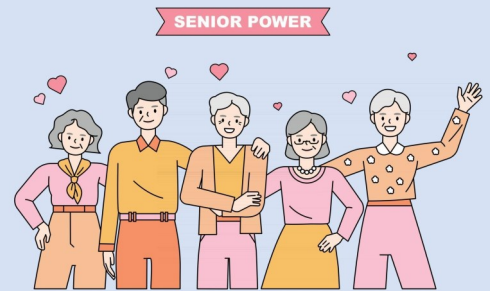
With the phone, if you have a message service, save yourself some angst and just let it go to messages, then retrieve it. Spammers rarely leave messages, and when they do, they're really easy to detect. The message is usually cut off or talks about something you're probably not interested in.

Stay alert and let your friends know if you come across an unusual activity. You may save someone's peace or mind or even their finances!

Source: [Security Awareness Training | KnowBe4](#)

## Will we see you at Town Meeting, May 1, 2023?

Sure hope so! With so many seniors in town, we need to begin using our votes to effect change that's beneficial to seniors (in addition to the rest of Brewster's population). You can get a free ride, child care (in case you're taking care of the grands that evening), and you'll be part of democracy in action. Click on the link for the Warrant articles. [ATM MAY 2023 FINAL \(brewster-ma.gov\)](#). Read up before you go!



## Are you a Pat's Fan? Got Island Fever? Join Us as we Escape the Cape on May 24th!

Leave the driving to us! We'll take a comfy bus from the Exit 82 Commuter Lot (Rte. 124, Harwich), leaving at 9 AM sharp, arriving in Foxboro in time to visit the Patriots Hall of Fame featuring the history, trophies, rings and interactive experiences such as stepping inside the huddle with Tom or making Malcolm's interception...wow! There'll be plenty of time to enjoy lunch on your own at any of the 19 restaurants at Patriot Place...and lots of shopping too! We'll return late afternoon to the same commuter lot.

Please PRINT clearly.

-----cut here-----

Name(s): \_\_\_\_\_

Email for confirmation: \_\_\_\_\_

Day of event phone number: \_\_\_\_\_

# \_\_\_\_\_ Friend tickets @ \$ 50.00/ea. = \$ \_\_\_\_\_ # \_\_\_\_\_ non-Friend tickets @ \$60.00/ea. = \$ \_\_\_\_\_

**Total enclosed: \$ \_\_\_\_\_ Tickets must be reserved and paid for by May 8, 2023.**

**Payable & Mail to Friends of Brewster Seniors, P.O. Box 2310, Brewster, MA 02631  
or drop off at Sea Captains' Thrift.**



## SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

If in doubt about purchasing or donating, please call first.  
NOW OPEN MON - SAT, 10 AM - 4 PM  
Donation Days: Tuesday & Thursday  
We Don't Accept Credit Cards...Sorry!

Ah, May! MAYbe the bulbs planted last fall will blossom in abundance. MAYbe the Sagamore Bridge construction will be completed by Memorial Day. MAYbe the Red Sox will win it all this year.

No maybes about it. The Sea Captains' Thrift is now ready for the summer months ahead. The lights & brights are available. Shorts, capris, sandals, golf shirts, tanks and sleeveless items are racked and ready for your selection. Come in early for the best choice.

The Book Nook is chock full of summer reads by the authors you love. Check out the offerings and stock up for those lazy, warm, beach days ahead.

The Kid's Corner in our ANNEX has returned. Beach toys, puzzles, playing cards, games, and books are available. All at kid-friendly prices.

The ANNEX has been refreshed and many new items have been displayed. Several area rugs, lovely mirrors and high quality pots & pans can be found.

Volunteer opportunities are available, just 3 hours a week. What a wonderful way to give back to your community, support the Friends' mission and meet interesting people from near and far. Application forms may be picked up at the thrift shop or call Mrs. "Sam" Gardiner (508-363-0548) to set up an appointment.

FYI: Donation Days: Tues. & Thurs., 11-2. NO WINTER ITEMS ACCEPTED NOW.

Gift Certificates are always available...think MOTHER's DAY!

*Donna Bowie, Manager*

**Make New Friends this Summer.** How? By taking up a new hobby, heading out for a walk on the beach, or even beginning a volunteer position. "You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you." Everyone has a story to tell. Be genuine. Pay lots of attention. Ask open-ended questions so they can share how much or how little information as they're comfortable with. Listen well. Source: Dale Carnegie, *How to Win Friends and Influence People*

### If not Town Meeting, How about May 20<sup>th</sup>?

The Town is hosting its first community forum about the future of the Sea Camps. Residents are invited to attend & give feedback regarding long-range comprehensive plans for both properties. A Community Center is in the mix. Visit the town [website](#) for frequent updates on this issue and many more! Get involved!



### Bocce Your Game?

We're dusting off the bocce balls, pulling weeds and tamping down the gravel for those interested in learning or just having some fun playing bocce. Interested? Contact [fobenewsletter@gmail.com](mailto:fobenewsletter@gmail.com) for more info on group times and/or what you need to do to reserve the courts & balls.

### They're Already On the Courts!

The Friends organization is once again offering the chance to learn, re-learn or just practice pickleball with wonderful instructors and fun Friends members. Interested? Please contact Nancy J. at [mathlc@aol.com](mailto:mathlc@aol.com) for more details on the season opener for new and not-so-new players!



### Supporters News

In June, we'll be thanking those Friends who volunteer their time and talents to the organization by providing them with a nice luncheon. We are most appreciative of our tireless colleagues, and would love to see you join our ranks. We're nearly 300 strong now! Won't you help get us back to 400? Need An Application?

Contact [Kathy Macdonald](mailto:khelenmack@comcast.net) [khelenmack@comcast.net](mailto:khelenmack@comcast.net)  
or just stop by Sea Captains' Thrift

### *The Friends of Brewster Seniors*

*The Friends is a 501c3 nonprofit, charitable organization whose mission is to support, promote and enrich Brewster's senior residents and the Brewster Council on Aging, through annual participant support, donations and fundraising. The Friends welcome Brewsterites to become involved with our many activities and events.*

### Upcoming Events:

- ◆ May 5 - Ice Cream Social
- ◆ May 24 - Patriots Museum Tour
- ◆ June 6 - Volunteer Luncheon
- ◆ July 18 - Provincetown Whale Watching Cruise
- ◆ August 24 - Cape Cod Rail Tour leaving from Hyannis
- ◆ September TBD - Lobster Roll Cruise
- ◆ September 24 - Crosby Mansion Social
- ◆ October 12 - Visit Boston Museum of Fine Arts

In addition to the events/trips listed above, we're discussing setting up some local, on-Cape events, for which we would arrange for discount tickets and/or be able to provide some transportation.

We thought places like the Truro Winery, Barnstable Comedy Club, Atlantic Spice Company, Orpheum Theatre, Cape Rep Theatre, Wood's Hole, Sandwich Holiday Lights, etc. might be good options. Are there places you'd like to see here on the Cape? Let us know!