

MONTHLY NEWS FROM THE FRIENDS

March 2024

President's Corner

~ Marilyn Dearborn

"Top of the Morning to Everyone!"

Let's hope the groundhog got it right this year and we are looking towards an early spring! Winter has not been too bad but it never hurts to look forward to better weather.

Whatever the weather, try to get out and breathe in the fresh air, listen for the birds and watch for the early crocus. Remember, always look for information in this newsletter for upcoming activities. We are diligently working on trips and events to get us all out and

about. A description of the event or trip along with the sign-up form is always contained in your newsletter. Note, too, that there is always a deadline to sign up so don't miss out – sign up right away! We love having you join us!

Speaking of events....**Happy St. Patrick's Day!** Remember everyone is Irish on St. Paddy's Day so why not enjoy a slice of Irish soda bread with your morning coffee or tea. Just don't eat too much if you're planning to "don your green" and join the Friends at Jake Rooney's on March 16th (see page 2). We'll enjoy corned beef and cabbage (plus other choices for those who aren't fans) while we celebrate St. Patrick's Day with good food, good friends and some good Irish music!!



What Is Something We Need on the Cape?

We need young people trained in the dental health field!

Considering that the mouth is the gateway to good health, especially as we age, how can we help? At [Cape Cod Tech](#), there are some students in the dental health field who struggle to come up with the funds necessary to take the board exams, which are required of these students twice before they can enter the health field.

While \$270 may not seem like a lot to some of us, it's a huge amount to some of these students who are in the tech school trying to break a family cycle of poverty, to become self-sustaining productive citizens of the Cape, or even to support their families. One exam fee, \$270, equates to 75 cents a day. What if our full readership contributed what they could to this cause? Wouldn't it ultimately benefit us as well? There are other opportunities to help financially as well. If you can send any amount, please do! You can make a donation [online](#) or mail it to: Cape Cod Tech Foundation, 351 Pleasant Lake Avenue, Harwich, MA 02645.

It's one of the right ways to help!

Want to See Some of the Treasures Found at Sea Captains' Thrift Shop?



Remember when [Dr. Lori](#) visited our shop last summer? Wait until you watch this YouTube video! You'll be shocked at the bargains you can find routinely at the shop. Stop in soon!

[Big Finds! Carnival Glass, Royal Doulton China, Steins, Crystal, Decanters - Thrift with Me Dr. Lori \(youtube.com\)](#)



Did you sign up for the St. Paddy's party yet?

If you're reading this on or before March 1st, you've still got time to join us. You can pick up/drop off your registration at Sea Captains' Thrift Shop, which is open Thurs-Sat only in February, 10-4, weather permitting.

-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: _____

Name: _____

Mailing Address: _____

Email: _____ Day of event Phone: _____

yes, I need a ride
 no, I'll get there on my own.

tickets @ \$22 each (member) # Corned Beef _____ # Chicken _____ # Fish _____ SubTotal \$ _____

tickets @ \$27 each (non-member) # Corned Beef _____ # Chicken _____ # Fish _____ SubTotal \$ _____

Total Enclosed \$ _____

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by March 1, 2024**

Next Up: the Peabody Essex Museum in Salem!

Their website explains that the [Peabody Essex Museum](#) "was founded in 1799 by a group of Salem sea captains and merchants. It was originally created to house society's collection of books, maps, and artifacts from around the world." More recently, the PEM houses "more than 1.5 million objects, including maritime artifacts, Asian art, and American art."

While it would be hard to see all of those objects in one visit, we hope that you'll join us as we travel on our private coach and head north on **Thursday, April 25, 2024** to enjoy the PEM's treasures!

We'll leave from the Brewster Baptist Church parking lot at 8:30 AM sharp, returning between 5 and 5:30 PM. Please park in the back area nearest the library. There is a café in the museum as well as many restaurants nearby. I wonder who will see the most of PEM's treasures?



-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: _____

Name: _____

Mailing Address: _____

Email: _____ Day of event Phone: _____

Yes! I want to go to the Peabody Essex Museum with the Friends!

_____ # tickets @ \$60 each (member) SubTotal \$ _____

_____ # tickets @ \$70 each (non-member) SubTotal \$ _____

Donation \$ _____

Total Enclosed \$ _____

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by April 22, 2024**



SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

Donna Bowie, Manager

If in doubt about purchasing or donating, please call first.
MARCH HOURS: MON - SAT, 10-4
Donations Accepted Daily: 11 - 2pm
We Don't Accept Credit Cards...Sorry!

"March is the best time to start again, because if the spring can do it, why can't you?" . . . Anonymous

If it's March, Sea Captains' Thrift is back to its 6-day schedule! Refreshed, refurbished and now open Monday through Saturday, 10-4. Donations accepted 11-2 every day at our back door ONLY. Lots happened during our winter schedule. The front of the building was repainted, and volunteers were busy deep cleaning and reorganizing the storage area. All have been working hard to offer our visitors a memorable thrifting experience.

Our high-quality stock is ready. Early spring, transitional men's & women's clothing in bright colors and lighter weights is available. The early bird gets to look fabulous! Still working? We also have a great selection of colorful, women's scrubs: plain bottoms & patterned tops. The graduation, wedding, retirement, and prom (think grands) season is nearly here. We have a wonderful selection of dressy dresses, pashminas, evening shoes & purses and costume jewelry that will suit all your needs.

The ANNEX offers an intriguing "eclectic assemblage of stuff". Need a pair of end tables, kitchen items, wall art, fabric, cookbooks, or gardening items? You'll find it here. New items are added weekly, so check it out.

WISH LIST:

- ~ Gently worn spring/summer clothing...CLEAN-CURRENT-COMPLETE.
- ~ Current novels, biographies & autobiographies & puzzles are always wanted.
- ~ Small furniture pieces: end or coffee table, bookcase, chair, mirror, or S-M sized framed artwork.

Questions about size or condition? Just call 508-896-8180 and ask for a manager.

Nothing upholstered or electrical accepted.

In Memoriam...Sea Captains' lost a long term, wonderful volunteer, **Helen Spenser**. Helen was a gracious, caring woman...a joyful spirit, who gave generously of her time and talent to support the thrift shop's mission of supporting Brewster seniors. She was well loved and will be dearly missed.

March is Coming! In like a Lion, Out like a Lamb...or will it be the other way around?

We never know what the weather will be like in March here in Brewster, so you need to plan ways to get out and celebrate on the good days. Here are a few ideas for you to consider:

Why not get out and celebrate **Mom & Pop Business Owner Day** on March 29th? This day celebrates small businesses and the contributions they make to our community. Brewster has many "moms and pops" that you can patronize, and so does the Cape. To help them celebrate, why not visit one and even purchase something!

Another fun national day in March is **Pi Day**, observed on March 14th in honor of the mathematical constant Pi (3.14). Sometimes it turns into National Pie Day, though, which can be even more enjoyable by making, sharing or eating a pie with friends and family.

And then comes -- from my perspective -- the best March holiday: March 23rd is **Puppy Day**, a day dedicated to celebrating our furry dog friends. March will have its ups and downs from a weather point of view, but we should all try to get outside with our four-legged friends and enjoy some fresh air.

It's also **Women's History Month**, a time to celebrate and honor the achievements and contributions of influential women throughout history. There are so many successful, inventive women, whose history I know I never learned in school! Here are just a few: Maria E. Beasley designed an improved life raft with rails; Josephine G. Cochran invented a dishwasher that used water pressure to clean the dishware; Stephanie L. Kwolek in 1966, invented Kevlar, which is used in bullet-proof vests; and the car heater was invented by Margaret A. Wilcox in 1893! These are just a very few examples of women's role in inventing products / concepts we still use today.

Source: www.greatsenioryears.com and www.history.com

Have You Enjoyed Being a Friend?

If you're reading this and wondering where your home-delivered newsletter is, it means that you haven't submitted your 2024 membership form yet. As you can see, we're lining up some great trips and events already. Don't be left out! Your \$10 commitment helps our Brewster seniors. Membership forms are available at the Sea Captains' Thrift Shop, now open Monday-Saturday, 10AM - 4 PM. Membership questions? Contact Kathy Macdonald at khelenmack@comcast.net

Upcoming Events:

Mar 16 - St. Paddy's Day Luncheon
Apr 25 - Peabody Essex Museum Trip
May 19 - Elton John Concert

We Need More Board and Committee Members! Won't You Help Out?

It really doesn't take that much time; meanwhile you develop new friends and even learn new skills. Please contact Marilyn Dearborn @ 508-385-2881 or any Board Member to learn more about it.

2024 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester, Treasurer ♦
Kathy Macdonald, Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Newsletter
Joyce O'Neil ♦ Linda Wood

Open monthly meetings are held the 2nd Wednesday at 9:30 AM,
Brewster Bible Alliance Church, Rte. 6A, weather permitting. You're more than welcome to attend!

www.friendsofbrewsterelders.org ♦ [email brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ♦ visit our Facebook pages

Our COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month

The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all...

Everyone and Anyone Can & Should be a Friend to Brewster Seniors!

Happy St. Paddy's Day!

Friends of Brewster Seniors
Post Office Box 2310
Brewster, MA 02631