



NEWS FROM THE FRIENDS OF BREWSTER ELDERS

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President's Corner

~ Marilyn Dearborn

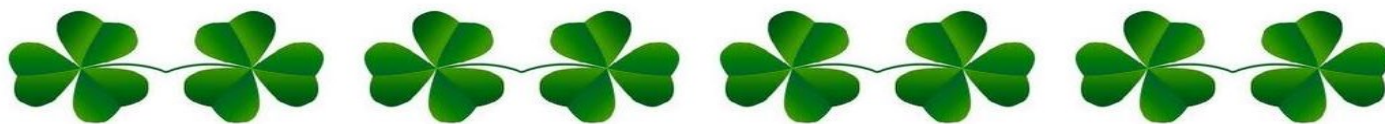
Happy St. Patrick's Day! Whether you were born Irish or not, isn't everyone Irish on St. Paddy's Day? Why not enjoy a slice of Irish soda bread with your morning coffee or tea?

I hope many of you are planning to "**don your green**" and join the Friends at 400 East on March 16th as we enjoy corned beef and cabbage while celebrating St. Paddy's Day just a little bit early!

We have been lucky with relatively warmer weather than in the past (except, of course, that one 36 hour period of sub-zero temps!). Hopefully, this means an early sighting of crocus and daffodils around town. Unfortunately, there is that old saying that "March comes in like a lion and goes out like a lamb." Let's hope this year proves it to be wrong!

When we do get that nice sunny and mild weather, try to get out and breathe in the fresh air. It's good for you! Spring and summer are close at hand and I am sure you are looking forward to it as much as I am. Keep an eye out for new opportunities to get together as we are diligently working on trips/events to host as we move from winter to spring to summer!

See you soon!



If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

2023 FOBE Board Members

Donna Bowie, Thrift Shop ❖ Suzanne Dean ❖ Marilyn Dearborn, President
Ronnie Dickens ❖ Elizabeth "Sam" Gardiner, Secretary
Jane Hester, Treasurer ❖ Jim King, Website ❖ Kathy Macdonald, Membership
Jeanne Morcone ❖ Meg Morris, Newsletter ❖ Joyce O'Neil ❖ Linda Wood

Open monthly meetings are held on the second Wednesday monthly at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.
www.friendsofbrewsterelders.org ❖ [email brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ❖ [visit our Facebook pages](#)



Thanks to everyone who voted!

Final results will appear in the April Newsletter due to the printing schedule.

Did You Make Reservations to Celebrate St. Patrick's Day with the Friends at Noon on March 16, 2023 at the 400 East Pub & Restaurant, Route 137, East Harwich?

That's great, and we're looking forward to seeing you there to share a great Irish meal and to enjoy some fine fiddling! **Did you forget to sign up? Call Joyce O'Neil at 508-896-3946** to see if we can still fit you in. No guarantees, but it's worth the phone call! And may the luck of the Irish be with you!



Pandora Peoples Photography ©

Our featured Fiddler is none other than [Denya LeVine](#). We're so excited that she will be with us at the 400 East. Denya began as a classical violinist, traveling the world. Her website relates that "She returned to America to Cambridge, Massachusetts and studied with all-Ireland Fiddle Champion, Seamus Connolly, adding folk and ethnic fiddle music to her repertoire. Shortly after, Denya formed the City Ladies Country Quartet, focusing on folk, Celtic, and old-timey music."

"Since moving to Cape Cod, Denya has integrated the world music and folk traditions, honing her solo and group performance. Denya enjoys new challenges and is continually adding to her musical repertoire. Listeners will recognize her deep alto voice from her role as host on *The Fiddle And The Harp* on WOMR, 92.1 and 91.3 FM, alternating Mondays 5-8 p.m." Can't wait for March 16th. It's going to be a brilliant event!

Do You Love Living in Beautiful Brewster?

Mark your calendar now to lend a hand on **Saturday, April 29th** (Sunday the 30th is the rain date) to help **Beautiful Brewster**. How will we help beautify our town? Mainly by picking up litter along our roadways. You can join a team or make up your own team. It would be great to have a Friends team! More information will be coming out soon. Lunch included! Stay tuned.



Who's Up for a Trip to Somewhere?

While we don't have exact plans yet, our newly established **Trip Committee** is busy exploring some interesting trips and activities for the upcoming months. The possibilities are endless, but we're focused on the following based on feedback from many of you folks, including:

- ⇒ Newport Playhouse
- ⇒ A Day in Boston
- ⇒ Boat excursions on the Bay
- ⇒ The latest plays or movies

Watch upcoming newsletters for details about our events & please note that we do post lots of information at the Sea Captains' Thrift Shop so be sure to stop in!

"Age is an issue of mind over matter. If you don't mind, it doesn't matter." This quote is attributed to both [Mark Twain](#) and [Satchel Paige](#). Regardless, it's a good reminder that age, like many other things in life, is really about attitude. You can enjoy every year you age by simply changing your mindset; see each year as a new opportunity rather than a ticking clock. More quotes? Visit [Seniorly.com](#)



SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

If in doubt about purchasing or donating, please call first.
NOW OPEN MON - SAT, 10 AM - 4 PM
Donation Day is Tuesday
We Don't Accept Credit Cards...Sorry!

*Me: Will it be hot, cold, sunny or rainy today?
Spring: YES!*

We're B-A-C-K! Sea Captains' Thrift has returned to its 6 day schedule: Monday - Saturday, 10-4 with donation day now on Tuesday ONLY, 11-2 at the rear door.

After a busy 9 week half schedule, Sea Captains' has been refreshed and is ready with early spring offerings. Our fabulous volunteer corps has used this half time to reorganize our storage areas, do some deep cleaning and ready the shop for what promises to be a hectic spring/summer season.

Regular visitors will immediately notice our new front storm door. Surprise! It actually closes by itself! The ANNEX is chock full of an "eclectic assemblage of STUFF": my favorite description for the ever-changing selection of goodies. Don't miss an opportunity to explore the ANNEX.

Our jewelry display is truly fantastic due to a huge donation of upscale costume items. Many are unique, silver, statement pieces, suitable for any fashion-forward female anticipating weddings, graduations or a special occasion. Come in, browse and make your selection.

Wish List:

- **Additional volunteers!** Won't you consider giving just 3 hours a week to support The Friends' main source of funding for programs, events and outreach to seniors in need? You'll meet visitors to the shop from near and far, enjoy the comradeship of fellow volunteers, and all the while, be giving back to Brewster.
- **Current novels**, biographies & autobiographies
- **Gently worn spring/summer clothing & accessories** (women's & men's) - CLEAN, COMPLETE & CURRENT. No fall/ winter clothing will be accepted.
- **Small furniture pieces:** bookcase, end table, coffee table, mirror, artwork, etc. When in doubt, call the shop (508-896-8180) to discuss your donation. Nothing electrical, please. Stay well.

Donna Bowie, Manager

Memberships ended 12/31/22. Renew for 2023 now to receive information & benefits

Please Enter ALL Info and Print Clearly

Name _____ New _____ Renew _____

Name _____ New _____ Renew _____

Mailing Address _____

Preferred Phone # (____) _____ E-mail: _____

Would you prefer to receive notices / newsletters electronically? Yes _____ No _____

Membership: \$10.00 per person Please indicate: New \$ _____ Renewing \$ _____

I've included an additional donation of \$ _____ Total enclosed \$ _____

Like a membership card? Please enclose a self-addressed, stamped envelope, and return with this form and your check to our address: FOBE, PO Box 2310, Brewster, MA 02631

Membership News

Welcome to our returning and new members! This year is already proving to be a very active one and we hope that you'll join us at our events. If you're not a member, then you'll always have to pay an upcharge! This newsletter is one of the benefits, so sign up now. It could be the best \$10 you ever invested and the return is significant!

Membership Questions?

Contact [Kathy Macdonald](mailto:Kathy_Macdonald) khelenmack@comcast.net

Upcoming Events:

- ◆ March 16 - Get your Corned Beef & Cabbage fix (or something else) at our St. Paddy's Day event. See inside.
- ◆ April 29 - Beautify Brewster Clean up event.
- ◆ April/May - variety of trips under consideration.
- ◆ May - Ice Cream Social at the COA. Always a sweet treat during Brewster in Bloom!

Fun Facts to Impress Your Friends...

- ◆ The Barbie doll's full name is Barbara Millicent Roberts, from Willows, Wisconsin. Her birthday is March 9, 1959, when she was first displayed at the New York Toy Fair. (barbiemedia.com)
- ◆ There actually aren't "57 varieties" of Heinz ketchup, and never were. Company founder H.J. Heinz thought his product should have a number, and he liked 57. Hint: Hit the glass bottle on the "57," not the bottom, to get the ketchup to flow. (heinz.com)
- ◆ Experiments in universities have actually been carried out to figure out how many licks it takes to get to the center of a Tootsie Pop, both with machine and human lickers (because this is important scientific knowledge!). The results ranged from 252 to 411. (tootsie.com)
- ◆ The Four Corners is the only spot in the US where you can stand in four states at once: Utah, Colorado, Arizona and New Mexico.
- ◆ Mosquitoes are the deadliest animal in the world: They kill more people than any other creature, due to the diseases they carry. (cdc.gov)

The Friends of Brewster Elders or by Any Name, is a 501c3 nonprofit, charitable organization whose mission is to support, promote and enrich Brewster's senior residents and the Brewster Council on Aging, through memberships, donations and fundraising. The Friends welcome new members to become involved with our many activities and events.

Contact Marilyn Dearborn, President, at 508-385-2881 or brewsterfriends@gmail.com

Source: [101 Fun Facts | Random, Interesting Facts To Blow Your Mind - Parade: Entertainment, Recipes, Health, Life, Holidays](#)