

Friends  
of  
Brewster  
Seniors

# MONTHLY NEWS FROM THE FRIENDS

VOLUME 8

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JULY 2023

## *President's Corner*

~ Marilyn Dearborn

Break out your red, white & blue as we start celebrating July, starting with the 4th! Let the cookouts, parades, and picnics with friends, family and fireworks begin!!



Hope everyone has a chance to get out and enjoy summer on Cape Cod. Grab that lobster roll or a dish of your favorite ice cream. The cost might be high but think of the enjoyment you will have after eating the Cape Cod traditions.

Congrats to Meg Morris, Friends Volunteer of the Year, and Ralph Marotti, COA Volunteer of the Year. Along with all volunteers from the Friends and the COA, they were honored recently at our Annual Volunteer Luncheon. Thanks to every volunteer for all they do for Brewster seniors. The organization and Sea Captains' Thrift Shop could not function without these generous residents.

Just a reminder – The Friends will now be at the COA on the 3rd Tuesday of every month to register new members, to help you sign up for one of our trips or just as a meet and greet to answer any questions you might have about our organization. Stop by and say hello!!

I hope that everyone responded to the survey sent to our Brewster seniors from the Gerontology Institute at UMass Boston! It was easy to respond to and allowed you to weigh in on what you believe would be helpful as you age in place here in Brewster. It is never too soon to think about these issues!



### **Worried about a check you sent in?**

Our volunteer treasurer doesn't make bank deposits every day (wish we had enough revenue to justify that!) but, if you're concerned, just call 508-385-2881 and we'll follow up.

**HELP WANTED** – You might be sick of hearing me say this, but the Friends needs your help!!! The Board of the Friends needs more members – consider joining this wonderful group who work diligently at planning and running trips and events to bring our membership together. Give me a call at 508-385-2881 or stop by to see me at the COA during our “office hours” (mentioned above). You won't be sorry you did!!!

## **You Read That Right!**

In the June newsletter, we announced that we've secured a space in the COA building so that we can meet with Friends once a month. If there's a need, maybe we'll even be able to negotiate a little more time. Stop by to meet board members, share your concerns or register for trips! We're in the COA Computer Room every 3rd Tuesday of the month (July 18th) and continuing every 3rd Tuesday monthly from 9:30-11:00 AM.

## WANT TO HAVE A WHALE OF A GOOD TIME?



The Friends are offering a great deal on a great Whale Watch on July 18th. Tickets are just \$65 for members (\$75 for non-members) to enjoy a Whale Watch on the famous Dolphin Fleet out of P'town, bus included!

We'll be leaving early (7:15AM from the Exit 82 Commuter Lot) and returning late afternoon. Food and drinks are available on the boat, including hot dogs, hamburgers, sandwiches and lots of cold drinks: CASH only. You'll need to bring sunglasses, a hat w/chin strap, light jacket, sunscreen, and a smile! Sign up below in LEGIBLE PRINT. Registration forms may be mailed with your check to **Friends of Brewster Seniors**, PO Box 2310, Brewster, MA 02631 or handed to a wonderful Sea Captains' Thrift Shop volunteer when you visit.

-----CUT HERE-----MARK YOUR CALENDAR-----

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Email for confirmation: \_\_\_\_\_

Day of event phone number: \_\_\_\_\_

# \_\_\_\_\_ Friends tickets @ \$ 65.00/ea. = \$ \_\_\_\_\_ # \_\_\_\_\_ non-Friends tickets @ \$75.00/ea. = \$ \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_ **Tickets must be reserved and paid for by July 14, 2023.**

Mail this form and your check to Friends of Brewster Seniors, P.O. Box 2310, Brewster, MA 02631  
or drop it off at Sea Captains' Thrift Shop, 66 Harwich Road, Brewster (open M-Sat, 10-4)

*Laughter is the  
Best Medicine*

**A Man Said To A Preacher**, 'That Was An Excellent Sermon, But It Wasn't Original.' The preacher was taken aback. The man said he had a book at home containing every word the preacher used. The next day, the man brought the preacher a dictionary. (from an 1872 issue of the Daily Phoenix)

**One day, Einstein had to speak** at an important conference. On the way there, he tells his driver that looks a bit like him, "I'm sick of all these conferences. I always say the same things over and over!"

The driver agrees: "You're right. As your driver, I attended all of them, and even though I don't know anything about science, I could give the conference in your place."

"That's a great idea!" says Einstein. "Let's switch places then!" So they switch clothes and as soon as they arrive, the driver dressed as Einstein goes on stage and starts giving the usual speech, while the real Einstein, dressed as the car driver, attends it.

But in the crowd, there is one scientist who wants to impress everyone and thinks of a very difficult question to ask Einstein, hoping he won't be able to respond. So this guy stands up and interrupts the conference by posing his very difficult question. The whole room goes silent, holding their breath, waiting for the response. The driver looks at him, dead in the eye, and says: "Sir, your question is so easy to answer that I'm going to let my driver reply to it for me."



**Thank You!**

Thank you for honoring me with the **2023 Friends Volunteer of the Year Award**. The beautiful bouquet (until it finally died) and the plaque had/have a place of honor in my home. I commit to continuing to work for the Friends at the highest level possible! Congratulations & thanks, too, to the **COA winner, Ralph Marotti**, and to **all our wonderful volunteers!** I enjoy working with you all. ~ Meg



# SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

*Donna Bowie, Manager*

If in doubt about purchasing or donating, please call first.  
NOW OPEN MON - SAT, 10 AM - 4 PM  
**Donation Days: DAILY thru July 31st**  
We Don't Accept Credit Cards...Sorry!

*How do we know summer has arrived? The traffic is challenging; the beach parking lots are full by 10 AM; the restaurants won't take a reservation and Sea Captains' Thrift seems to have something for everyone.*

*Need something for that occasion no one mentioned until the last minute? We have it: shorts, tanks, capris, bathing suits and more! Need current reading material for those lazy, hazy days in the sun? We have it! Need household items to refurbish your summer residence or rental property? We have it!*

*Our ANNEX offerings change regularly. An eclectic assemblage of great "stuff" awaits your selection; so check it out first when you visit.*

**Extra Donation Days:** Help us meet the already heavy demand for summer clothing and accessories by donating to Sea Captains' Thrift. Donations are accepted at the rear door daily through July 31st. Only summer men's & women's clothing as well as beach & home goods are accepted through August 15. Current novels, biographies & autobiographies, audio books & CD's are always accepted any day from 11-2. **August Donation Days will be specified in the next newsletter.**

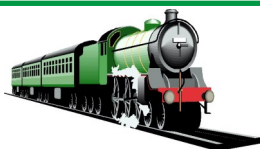
*Anticipating a very busy summer, we welcome new volunteers to staff Sea Captains'. Come join us and meet people from near and far. Do you have just 3 hours per week to give back to your community by volunteering? Pick a shift (10-1 or 1-4) and experience the fun and satisfaction of joining our nonprofit shop, which assists Brewster residents with staying active in the community.*

## Bocce Meets Mondays @ 4 PM

Come join us at Bocce at the COA! Don't know how to play? We'll teach you! For more info, please contact [fobenewsletter@gmail.com](mailto:fobenewsletter@gmail.com).

## Pickleball Anyone?

The Friends offers you the chance to learn, re-learn or just practice pickleball with wonderful instructors and fun Friends members. Interested? Please contact Nancy at [mathlc@aol.com](mailto:mathlc@aol.com) for more details.



**ALL ABOARD! THE FRIENDS OF BREWSTER SENIORS WANT TO MEET YOU ON THE  
CAPE COD CENTRAL RAILWAY, THURSDAY, AUGUST 24<sup>TH</sup>, 2023  
MEET @10:00 AM @ THE COMMUTER LOT EXIT 82**

Enjoy a midday escape riding the rails for 2-1/2 hours on a relaxing train ride while conversing with your friends and partaking of an excellent lunch! Everyone is sure to enjoy participating in this delightful journey that pairs an expertly prepared boxed lunch and exceptional service with views of the coastal landscape, salt marshes, and woodlands. Light narration is provided on board regarding the points of interest that we'll pass along the route.

There are 4 ways to sign up to get tickets: 1) fill out the form in the August Friends newsletter; 2) fill out a form at Sea Captains' Thrift Shop; 3) pick up a form during our monthly office hours (3rd Tuesday 9:30-11AM at the COA); or 4) send an email to [fobenewsletter@gmail.com](mailto:fobenewsletter@gmail.com) requesting a form by email. Be sure to print legibly on the registration form when you return it with your check mailed to Friends of Brewster Seniors, PO Box 2310, Brewster, MA 02631 or when handing it to a Sea Captains' Thrift Shop volunteer with your full payment (open M-Sat, 10AM-4PM).

## Supporters' News

We're at the mid-year mark, but membership isn't as robust as it was by the end of 2022. So, we've sent out reminders to all former 2022 contributors. If you're reading this on the website, or you picked up a copy somewhere, look for a letter from us via the USPS and please consider becoming a supporter of the Friends once again!

Contact [Kathy Macdonald](mailto:khelenmack@comcast.net) [khelenmack@comcast.net](mailto:khelenmack@comcast.net)  
or just stop by Sea Captains' Thrift for Application

## Upcoming Events:

- ♦ July 18 - Provincetown Whale Watching Cruise
- ♦ August 24 - Cape Cod Rail Tour leaving from Hyannis
- ♦ September TBD - Lobster Roll Cruise
- ♦ September 24 - "A Taste of Crosby Mansion" Social
- ♦ October 12 - Visit Boston Museum of Fine Arts
- ♦ December - Cape Symphony Holiday Concert

If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

### 2023 Friends Board Members

Donna Bowie, Thrift Shop ❖ Suzanne Dean ❖ Marilyn Dearborn, President  
Ronnie Dickens ❖ Elizabeth "Sam" Gardiner, Secretary  
Jane Hester, Treasurer ❖ Jim King, Website ❖ Kathy Macdonald, Membership  
Jeanne Morcone ❖ Meg Morris, Newsletter ❖ Joyce O'Neil ❖ Linda Wood

Open monthly meetings are held on the second Wednesday monthly at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.

[www.friendsofbrewsterelders.org](http://www.friendsofbrewsterelders.org) ❖ [email brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ❖ [visit our Facebook pages](#)

*The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all, everyone can be a Friend to Brewster Seniors!*

*Happy Summer!*  
Friends of Brewster Seniors  
Post Office Box 2310  
Brewster, MA 02631