

Friends
of
Brewster
Seniors

MONTHLY NEWS FROM THE FRIENDS



February 2024



President's Corner

~ Marilyn Dearborn

Happy Valentine's Day – hope you are planning to join us as we celebrate this special day along with the COA on February 13th with music and “sweet” treats. Tickets are necessary so if you have not already signed up, stop at the COA today to get your ticket - space is limited.

We've got a great St. Patrick's Day luncheon at Jake Rooney's planned for Saturday, March 16th— sign up info is in this newsletter on page 2. Don't like “corned beef and cabbage?” No fear -- we have 2 other offerings. Hope you plan to “don your green” and join us!

With Spring and Summer ahead, we're looking into activities/trips to offer to you, our membership. If there is something or someplace you would like us to try to add to our schedule, please let me know. Your input is always welcome.

We've taken on some big tasks in the past year, including our name change and updating our by-laws. This year we'll be working on a new, updated website and logo for the organization. Got some ideas about how you'd like the website to function, meaning do you want online registration; do you want to be able to reach out to the board with just the click of a button; do you want to be able to easily make a charitable donation? Would you like to be part of a committee to work with a designer?

Call me at 508-385-2881, no matter the topic – you can always leave a message and I will get back to you. Have a great month!

February is Full of...(holidays, that is)

Which of these holidays will you be celebrating in February? There are lots to choose from. Why not pick one. Or two!

February 1 has a multitude of fun things for you to celebrate, including *Decorating with Candy Day*, *National Baked Alaska Day*, *National Dark Chocolate Day*, and more seriously, *National Freedom Day*. Moving on to February 2 is easy. It's *Groundhog Day!* And for those of you who like Chinese food, you can be sure our local Chinese restaurants would appreciate your patronage on February 10, which is the *Chinese New Year 2024*.

Get ready to party on February 13....well actually you can start to party well before the 13th to help celebrate *Mardi Gras*. I'll bet you have some beads around somewhere. Have fun while you can, because February 14 is *Ash Wednesday the start of Lent*, a much more somber event for sure. This year, it's coupled with *Valentine's Day*, so if you're planning on giving up candy, maybe plan an early Valentine celebration. February 17 promotes *Random Acts of Kindness Day*. What random act of kindness will you perform that day or any day? February 20 is Presidents' Day, (the only federal holiday), while February 22 is National Margarita Day. Ole! We end the month with a very special Leap Day on February 29th! An extra day! Yahoo!

Start Finding those green sweaters and accessories!

We're having a **St. Paddy's party and you're invited!** We're trying something new this year. We're having our St. Paddy's Day luncheon on **Saturday, March 16th** and we'll be offering limited transportation, so you can purchase and enjoy a Guinness for lunch!



Imagine then a jolly group of people singing Irish songs after savoring a plated luncheon that will include your choice of corned beef & cabbage, lemon chicken or baked stuffed sole. A light appetizer, non-alcoholic drink, and dessert are all included with your meal. Where is this great party? At [Jake Rooney's](#) (119 Brooks Road, Harwichport) starting at 11:30 AM. After a noontime lunch, we'll be entertained with some Irish entertainment featuring Dave McCoy, who has a lovely brough, I've heard.

Tickets are \$22/member and \$27/non member. They will be sold at the COA on Tuesday, February 20th between 9:30 - 11 AM or you can pick up/drop off your registration at Sea Captains' Thrift Shop, which is open Thurs-Sat only in January and February, 10-4, weather permitting.

Slainte!

-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: _____

Name: _____

Mailing Address: _____

Email: _____ Day of event Phone: _____

yes, I need a ride
 no, I'll get there on my own.

tickets @ \$22 each (member) # Corned Beef _____ # Chicken _____ # Fish _____ SubTotal \$ _____

tickets @ \$27 each (non-member) # Corned Beef _____ # Chicken _____ # Fish _____ SubTotal \$ _____

Total Enclosed \$ _____

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by March 1, 2024**

Today's Cooking Lesson: Tired of Rubbery Eggs?

According to [Cook's Illustrated](#), it's easy to make really great scrambled eggs. You know the kind. They have those nice pillow-like curds, which are cooked all the way through without browning them.

The trick is to start the eggs cooking over a medium-high heat. Then when your spatula leaves a trail through the eggs, reduce the heat to low and cook for 30-60 seconds more. Enjoy!



Revive your Greens!

Stop tossing those wilted greens that you just paid an arm & a leg for! Simply use cold water to revive veggies like broccoli, asparagus, celery, scallions, stemmed basil and parsley too! It's best to trim a little off the stems, then soak for about an hour. Softer greens, like lettuce, spinach & arugula, can be soaked 30 minutes in ice water. With grocery prices so high these days, you'll want to make sure you're eating, rather than tossing, your greens.

Like Sweets?

The Friends invite you to "Come on Down" to the COA on Tuesday, February 13th at 1:30 to enjoy some delicious home-baked goodies & chocolate fondue. You'll be entertained by the musical duo "Pitchfork."

Registration is a must to make sure we've got plenty of sweet treats. Tickets are only \$5, but space is limited. Stop by the COA before February 9th to purchase your advance tickets!





SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

Donna Bowie, Manager

If in doubt about purchasing or donating, please call first.
WINTER HOURS: THUR-FRI-SAT, 10-4
Donations Accepted Daily: 11 - 2pm
We Don't Accept Credit Cards...Sorry!



*February is the month of love.
Celebrate your loved ones and spread love wherever you go. ~ Anon*

Sea Captains' Thrift continues to feature weekly 50% OFF sales on winter clothes and accessories (scarves, hats, gloves, boots, & shoes). Don't miss out on fantastic savings all month.

We are now accepting transitional/early spring, clothing donations. Remember our criteria: CLEAN, CURRENT, COMPLETE. Daily donations are accepted at the rear door ONLY, and rain or snow cancels donation day.

Winter clothing will no longer be accepted after February 10. NO EXCEPTIONS please.

Current books and small furniture are always needed. Call ahead for instructions to donate furniture, but nothing upholstered, please.

Volunteer application forms are available at Sea Captains' front desk. On March 1st, Sea Captains' returns to a six day schedule and additional volunteers are needed. Consider sharing your time and talent at The Friends' Thrift Shop by joining our volunteer staff; just 3 hours per week.

Start a new "career" with Sea Captains'! Express yourself!

Ever want to be the fashion designer that dressed the mannequins in Macy's store windows? Do you have good decorating sense? Many of us working at the Thrift Shop love to show how our talents can take second hand clothing and goods and make them look great again! We need your help though, as some of our volunteers head south for the winter! Stop in, sign up and become one of our volunteers; it's great fun!

Friends' Memberships ended December 31, 2023 ~ Renew Now



Friends of Brewster Seniors 2024 Membership

Please Enter ALL Info and Print Clearly

Name _____ New _____ Renew _____

Name _____ New _____ Renew _____

Mailing Address _____

Preferred Phone # __ (____) _____

Preferred E-mail _____

Would you prefer to receive notices / newsletters electronically (*it's quicker!*)? Yes _____ No _____

Membership: \$10.00 per person Please indicate: New \$ _____ Renewing \$ _____

I've included an additional donation of \$ _____ Total enclosed \$ _____

Like a membership card? Please enclose a self-addressed, stamped envelope, and return with this form and your check to our address: FOBS, PO Box 2310, Brewster, MA 02631

Hope You've Enjoyed Being a Friend!

Head's Up! This is the last free newsletter for folks who joined in 2023, so don't wait to send in your registration and \$10! We've got some events planned that you won't want to miss out on. Your \$10 commitment helps many of our Brewster seniors, so complete the form on Page 3 today! Membership questions?

Contact [Kathy Macdonald](mailto:kathy_macdonald@comcast.net) at khelenmack@comcast.net
or just stop by Sea Captains' Thrift for an Application

Upcoming Events:

Feb 13 - Valentine's Fun @
COA
Mar 16 - St. Paddy's Day
Luncheon

We Need More Board and Committee Members! Won't You Help Out?

It really doesn't take that much time; meanwhile you develop new friends and even learn new skills. Please contact Marilyn Dearborn @ 508-385-2881 or any Board Member to learn more about it.

2024 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester, Treasurer ♦
Kathy Macdonald, Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Newsletter
Joyce O'Neil ♦ Linda Wood

Open monthly meetings are held the 2nd Wednesday at 9:30 AM,
Brewster Bible Alliance Church, Rte. 6A. You're more than welcome to attend!



www.friendsofbrewsterelders.org ♦ [email brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ♦ visit our Facebook pages

COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month

The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events. After all...

Everyone and Anyone Can & Should be a Friend to Brewster Seniors!

Happy Valentine's Day!

Friends of Brewster Seniors
Post Office Box 2310
Brewster, MA 02631