

**Friends
of
Brewster
Seniors**

MONTHLY NEWS FROM THE FRIENDS

DECEMBER 2023

President's Corner

~ Marilyn Dearborn

From all of us to all of you.... Best Wishes for a wonderful Holiday Season!!

The Board of the Friends hope you enjoy the wonderful things this season brings such as family get togethers – Christmas cards from near and far – Christmas carols – cookies that only seem to appear around the holidays – whatever your plans – enjoy this wonderful time of the year!

During this season of giving, random acts of kindness take on new meaning and never go unnoticed. You might ask – what can I do...how about sharing some “holiday goodies” with an elderly neighbor; if snow comes our way, shovel the walkway or steps for someone in your neighborhood who cannot do it for themselves; check with others if you are heading to the grocery store - they might need something; make an extra one of your famous casseroles for that senior down the street – pay for the coffee for the person behind you! These gestures might seem small to you, but they are “huge” to the recipients and might just make their day a little brighter.

I know that many of you will be joining us for the Cape Cod Symphony's Holiday on the Cape Show. How do I know this? We and the show are SOLD OUT! What a wonderful way to get in the spirit of the season!! Hopefully, you are planning to join us for our Christmas Luncheon on Dec. 13th. See the signup form on page 2.

With 2024 almost upon us, the Friends' Board is working hard to schedule events and/or trips for you to enjoy. Keep your eye out for all the information in this monthly newsletter as we move through the new year. Hope you can join us for at least one event – have a little fun and meet some new friends!

Happy Holidays - Merry Christmas - Happy New Year Everyone!



10 Good Dogs for Seniors Who Want or Need a Furry Companion...

Thinking of getting a dog, or know that your loved ones are thinking you should have a dog in your life? There are lots of good reasons to have the affection of a dog, but there are also a lot of responsibilities too! Take Jack for instance. Jack walks 3 times a day, totaling about 4-5 miles...but actually, that's a good thing as he can't go by himself so his owners get out and walk as well. He also can't pour his own food as he doesn't have thumbs to open the container, so that means his owners have to be sure that he's fed daily, creating an obligation for another living being (I just couldn't use the word “thing” when it comes to Jack!). Jack also likes to play tug-of-war with an old knotted sock, which inevitably gets underneath the china cabinet...and that means what? His owners have to get up and down off the floor to retrieve the sock. More exercise! Jack does shed, but we Cavi owners call it “angel hair,” so it means running the vacuum. There's more exercise! So, Jack's a good dog for this senior anyway, and I didn't forget: here's a list of other good dogs (but not as good as Jack!): French Bulldog, Bichon Frise, Boston terrier, Maltese, Pembroke Welsh corgi, Beagle, Pomeranian, Chihuahua, Poodle & Greyhound. It should be noted that there were many different lists of 10, but Jack's kin was always on it!



Season's Greetings!

We hope that you'll join the Friends for our Holiday Luncheon

at Oliver & Planck's Tavern on Route 6A in Yarmouthport on Wednesday, December 13th from noon til 3 PM. Please indicate your lunch choice when completing this reservation form. All meals will be served with fresh baked rolls, garden salad, a vegetable and potato du jour. Oh, did we mention dessert & coffee or tea, too? Menu selections are:



- * Roast Prime Rib of Beef, au jus (12 oz.); or
- * Baked Local Haddock topped with Newburg sauce; or
- * Roast Chicken with cranberry & sage stuffing and cranberry glaze.

Tickets are \$50/member and \$60/non member. They will be sold at the COA on Tuesday, November 21st between 9:30 - 11 AM only or you can pick up a registration at Sea Captains' Thrift Shop if you don't want to cut up your newsletter. -----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: _____

Name: _____

Mailing Address: _____

Email: _____ Day of event Phone: _____

tickets @ \$50 each (member) # Prime Rib _____ # Haddock _____ #Chicken _____ SubTotal \$ _____

tickets @ \$60 each (non-member) # Prime Rib _____ # Haddock _____ #Chicken _____ SubTotal \$ _____

Total Enclosed \$ _____

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by December 5th.**



Friends' Memberships end December 31, 2023 ~ Renew Now

Friends of Brewster Elders 2024 Membership

Please Enter ALL Info and Print Clearly

Name _____ New _____ Renew _____

Name _____ New _____ Renew _____

Mailing Address _____

Preferred Phone # ____ (____) _____

Preferred E-mail _____

Would you prefer to receive notices / newsletters electronically (*it's quicker!*)? Yes _____ No _____

Membership: \$10.00 per person Please indicate: New \$ _____ Renewing \$ _____

I've included an additional donation of \$ _____ Total enclosed \$ _____

Like a membership card? Please enclose a self-addressed, stamped envelope, and return with this form and your check to our address: FOBS, PO Box 2310, Brewster, MA 02631



SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

Donna Bowie, Manager

If in doubt about purchasing or donating, please call first.
DECEMBER HOURS* MON - SAT, 10-4
Donation Days: DAILY 11am - 2pm
We Don't Accept Credit Cards...Sorry!

DECEMBER . . . hot chocolate weather!

For the cold, snowy, icy months ahead, you'll need more than hot chocolate to cope with winter '23/'24. Stop by Sea Captains' Thrift to prepare. We offer everything you'll need: gorgeous men's & women's coats & jackets, hats, gloves, scarves & boots to please. Great choices; great prices!

Sea Captains' annual Holiday Boutique is open! Our ANNEX has been transformed into a Christmas/Holiday wonderland of goodies galore. Need to refresh your decorations? We have them. Looking for Christmas cards (12/\$1)? Our selection is impressive. Wanting some festive wardrobe additions? We have what you'll love.

The "Glitz & Glam" section is brimming with attire perfect for those holiday parties and New Year's Eve celebrations. Holiday themed novels, CDs, puzzles, ready-made bows, and jewelry are also available for your consideration.

And Sea Captains' ever popular "GIFTABLES" section is full of NEW, never used, items ready for gifting. Unique, desirable gifts are ready to wrap, tag and present.

Please Note . . . Annual Change of Sea Captains' Schedule

***Closed December 23 - January 3**

Reopens Thursday, January 4 on 3 day schedule (Th, F & Sat) until March 2024.

As we at Sea Captains' Thrift celebrate the season and bid farewell to 2023, we are especially grateful to ALL who support the Thrift Shop through their time, talent and patronage. Wishing peace, love and good health to all...



Can't Find What you Need at Sea Captains' Thrift? Still Shopping or Planning to Treat Someone to Dinner Out?

Don't forget to patronize the restaurants and businesses that supported us!

[Sydenstricker Gallery](#)

[Ocean Edge](#)

[The Village Toy Shop](#)

[Dickersons Art Gallery](#)

[Stringe Gallery Art](#)

[Rail Trail Bike & Kayak](#)

[Breakwater Fish & Lobster](#)

[Harbor Lights Mini Golf](#)

[Feretti's Market](#)

[Chatham Bars Inn Farmstand](#)

[Kitchen Café](#)

[Stone L'Oven](#)

[Island Blue Crab](#)

[Vintage Traders](#)

[Cape Sea Grill](#)

[JT's Seafood](#)

[Crocker Nurseries](#)

[Olivers & Planck's](#)

[Spinnaker](#)

[Regal Hair Design](#)

[Karen North Wells](#)

[Heart Pottery](#)

[Cape Cod Bag](#)

[The 400 East Restaurant & Bar](#)



Thanks For Being a Friend!

As we close in on the end of 2023, we want to thank you for becoming a Friend this year. So many more participated in our trips and events and we hope that 2024 brings more Friends than ever before. Your \$10 commitment helps many seniors in many ways. Complete the form on Page 2 so your membership doesn't lapse. We sure hope you'll commit again!

Contact Kathy Macdonald at khelenmack@comcast.net or just stop by Sea Captains' Thrift for an Application

Upcoming Events:

- ♥ **December 3 - Cape Symphony Holiday Concert. SOLD OUT!!**
- ♥ **December 13 - Holiday Luncheon**
Registration in December newsletter
- ♥ **January 1, 2024**
HAPPY NEW YEAR!!!



If you have the time and desire to help, please contact Marilyn Dearborn @ 508-385-2881

2023 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester, Treasurer ♦ Jim King, Website ♦ Kathy Macdonald,
Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Newsletter ♦ Joyce O'Neil ♦ Linda Wood

Open monthly meetings are held on the second Wednesday at 9:30 AM, Brewster Bible Alliance Church, Rte. 6A.

www.friendsofbrewsterelders.org ♦ email brewsterfriends@gmail.com ♦ visit our Facebook pages

COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month

The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The

Friends welcome you to become involved with our many activities and events. After all...

Everyone and Anyone can & should be a Friend to Brewster Seniors!

**Friends of Brewster Seniors
Post Office Box 2310
Brewster, MA 02631**

