

Friends  
of  
Brewster  
Seniors

# MONTHLY NEWS FROM THE FRIENDS

April 2024

## President's Corner

~ Marilyn Dearborn

April is Volunteer Recognition Month. This is a perfect time to thank all the many volunteers who help the Friends and the Sea Captains' Thrift Shop to succeed. As a totally volunteer organization, having a body of people willing to give their time and energy to keep our organization running like "a fine-tuned machine" is critical.

Why do these people give of their time – what do they get from it? They know that they are helping others as well as themselves. Many studies show that volunteering is good for your mental and physical health. It counteracts stress, anger and anxiety. It has a very positive impact on your overall well-being, mentally and physically. The benefits abound!! Who doesn't want that?

Think about it – this might be the perfect time for you to join our volunteer ranks! To all our current exceptional volunteers, on behalf of the Board I say "a job well done!!" Without you, the Friends could not continue our work on behalf of Brewster seniors.



We will be honoring these exceptional people in June. Invitations will be sent out in May with all the event information. Hopefully we will have a chance to personally thank all of our wonderful volunteers. We will also be announcing our "2024 Volunteer of Year" in our May Newsletter, so be sure to look for it.

*Using your financial commitment, here's what we've done lately...*

*On behalf of the Friends membership, the Board recently made substantial donations to both Elder Services and Alzheimer's Support Group. We also made a donation to the Brewster Conservation Trust in the name of Jim King, a long time supporter of the Friends, who also served on our Board.*



St. Paddy's Luncheon Fun ~ March 2024



*Have you signed up yet to visit the  
Peabody Essex Museum in Salem!*

The [Peabody Essex Museum](#) “was founded in 1799 by a group of Salem sea captains and merchants. It was originally created to house society's collection of books, maps, and artifacts from around the world.” The PEM now houses “more than 1.5 million objects, including maritime artifacts, Asian art, and American art.”

While it would be hard to see all of those objects in one visit, we hope that you'll join us as we travel on our private coach and head north on Thursday, April 25, 2024 to enjoy the PEM's treasures!

We'll leave from the Brewster Baptist Church parking lot at 8:30 AM sharp, returning between 5 and 5:30 PM. Please park in the back area nearest the library. There is a café in the museum as well as many restaurants nearby. I wonder who will see the most of PEM's treasures?



-----PLEASE PRINT VERY CLEARLY and SAVE THE TOP PORTION FOR YOUR RECEIPT-----

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_ Day of event Phone: \_\_\_\_\_

\_\_\_\_\_ # tickets @ \$60 each (member)      SubTotal \$ \_\_\_\_\_

\_\_\_\_\_ # tickets @ \$70 each (non-member)      SubTotal \$ \_\_\_\_\_

Donation\$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Yes! I want  
to go to the  
Peabody  
Essex  
Museum  
with the  
Friends!

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by April 22, 2024**

**April is Volunteer Appreciation Month**

Help us celebrate our amazing volunteers by visiting and thanking all these folks who work at the Shop and/or are on the Board of Directors\*. Without Volunteers, we couldn't function!

JEAN ABLE ~ ELLEN AIKEN ~ DONNA AMADEO ~ ANNE BEST ~ DONNA BOWIE\*  
NANCY CHASE ~ SUZANNE DEAN\* ~ MARILYN DEARBORN\* ~ RONNIE DICKENS\*  
GINI DONNELLY ~ SUE ELDREDGE ~ ELIZABETH "SAM" GARDINER\* ~ CAROL GERNERT  
ALICE HALLA ~ LEONE HANDY ~ JANE HESTER\* ~ JOAN HOLDING ~ DEB HUNTER  
SARAH KONOWICZ ~ JOYCE LYNCH ~ KATHY MACDONALD\* ~ CYNTHIA MATHISON  
RITA MCARDLE ~ JEAN MCQUESTION ~ JEANNE MORCONE\* ~ MEG MORRIS\*  
MARTHA MOYNIHAN ~ BARBABA MULLANE ~ PAUL NICHOLSON ~ JANET NORTH  
JOYCE O'NEILL\* ~ ROSE PALHEIRO ~ OLGA SHERRY  
JOAN SILVERMAN ~ EUNICE TERRENZI ~ KAREN THURBER ~ JOAN TURLEY  
DOTTIE VESPERMAN ~ ETHEL WHITTEN ~ LINDA WOOD\*

**Thank you all!**



# SEA CAPTAINS' THRIFT SHOP

66 Harwich Road ~ (508) 896-8180

Donna Bowie, Manager

If in doubt about purchasing or donating, please call first.  
HOURS: MON - SAT, 10-4  
Donations Accepted Daily: 11 - 2pm  
We Don't Accept Credit Cards...Sorry!

**"Every day is Earth Day and I vote we start investing in a secure future right now."**

... Jackie Speier, former U.S. Representative

Did you know that Sea Captains' Thrift has been supporting the Earth Day mission by recycling? We have been recycling plastic, cardboard and unusable clothing for several years. We're also the purveyors of reusables...just look at the clothing and housewares we've put 'back in the system' with your help!

Everyone should be concerned with the sustainability of our planet. Future generations are counting on us to protect Earth by promoting the innovation, ambition & bravery needed to safeguard and preserve our planet.

\* \* \* \* \*

Spring officially arrived on March 19th and Sea Captains' Thrift was ready with transitional clothing and accessories to beat the winter blahs. Colorful lights & brights are available now and new stock is added daily. Come in and refresh your wardrobe from our fabulous offerings.

As summer residents return to begin opening their homes, we encourage them to stop by to check out the merchandise and renew friendships. Our "Thrift Boutique" is different, indeed!

**April Sale ... 50 % OFF all ANNEX items - APRIL 1st (no joke) through April 13**

Donation Days ... Mon - Sat, 11 to 2 ... back door only ... we're looking for men's and women's spring/summer (only) clothing; costume jewelry, beach items (such as beach chairs, umbrellas, coolers, beach towels, plastic ware); small furniture; and household goods.

**CapePOPS! Rocketman...May 19th at 3 PM!** Get ready to **"Remember When Rock Was Young: The Elton John Experience"** with the award-winning entertainer Craig A. Meyer and his electrifying tribute to the Rocketman! Highlights will include "Benny and the Jets," "Philadelphia Freedom," and "Crocodile Rock." There is limited transportation available on the COA van with wheelchair access (leaves COA at 1 PM) as well as limited tickets! First come, first served.



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Name: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email: \_\_\_\_\_ Day of event Phone: \_\_\_\_\_

\_\_\_\_\_ # tickets @ \$35/each (member) = \$ \_\_\_\_\_ # tickets @ \$45 (non-member) = \$ \_\_\_\_\_

Additional Donation = \$ \_\_\_\_\_ Total Enclosed for Cape Pops Rocketman \$ \_\_\_\_\_

\_\_\_ yes, I need a ride  
\_\_\_ no, I'll get there on my own.

Drop off your registration & payment (check payable to FOBS) at Sea Captains' Thrift Shop (66 Harwich Road) or mail to FOBS, PO Box 2310, Brewster MA 02631. **Registration & payment must be received by May 1, 2024**



## Have You Enjoyed Being a Friend?

Are you reading someone else's home-delivered newsletter? If so, we miss you and you'll miss some great trips and events. Don't be left out! Your \$10 commitment helps other Brewster seniors. Membership forms are available at the Sea Captains' Thrift Shop, now open Monday-Saturday, 10AM - 4 PM. Membership questions?

Contact Kathy Macdonald at [khelenmack@comcast.net](mailto:khelenmack@comcast.net)

## Calendar of Friends' Events

- Apr 25 - Peabody Essex Museum Trip
- May 19 - Elton John Concert
- July 18 - Cape Playhouse: "Beautiful: The Carole King Musical"
- Aug 21 - Cape Canal Cruise

## Awww...Come on....We Need More Board & Committee Members! Won't You Help Out Serving the Needs of Brewster Seniors?

Meet new people! Develop new friendships! Ply your skills! Please contact Marilyn Dearborn @ 508-385-2881 (home number) or any Board Member to learn more about it.

### 2024 Friends Board of Directors

Donna Bowie, Thrift Shop ♦ Suzanne Dean ♦ Marilyn Dearborn, President ♦ Ronnie Dickens  
Elizabeth "Sam" Gardiner, Secretary ♦ Jane Hester, Treasurer ♦  
Kathy Macdonald, Membership ♦ Jeanne Morcone, Events ♦ Meg Morris, Newsletter  
Joyce O'Neil ♦ Linda Wood

Open monthly meetings are held monthly the 2nd Wednesday at 9:30 AM,  
Brewster Bible Alliance Church, Rte. 6A, weather permitting. You're more than welcome to attend!

[www.friendsofbrewsterelders.org](http://www.friendsofbrewsterelders.org) ♦ email [brewsterfriends@gmail.com](mailto:brewsterfriends@gmail.com) ♦ visit our Facebook pages

Our COA Office Hours: 9:30 - 11 AM on 3rd Tuesday each month

*The Friends of Brewster Seniors is a 501c3 nonprofit organization whose mission is to support, promote & enrich Brewster's senior residents and the Brewster COA through annual participant support, donations & fundraising. The Friends welcome you to become involved with our many activities and events.*



*Happy Springs!*

Friends of Brewster Seniors  
Post Office Box 2310  
Brewster, MA 02631